



ABOUT WARD 4

Tucson's Ward 4 is represented by Council Member Shirley C. Scott. Shirley has represented the Ward since 1995 and is honored to continue serving the constituents of Ward 4 and the City of Tucson.

In the Know

Congrats to Vail School District

The Vail School District was honored recently by the Center for Digital Education with the "Digital Content and Curriculum Achievement Award." This award honors those school districts that are using technology to advance digital curriculum and content in exciting ways. The award was presented to the District for its "Beyond Textbooks" program. The program gives access to Vail's "instructional playbook." It delivers curriculum digitally, as well as allowing teachers to share their best lesson plans, resources, and ideas. Beyond Textbooks is being used by 100 school districts and charters. Vail was honored in the K-12 Small-Medium District/School category. Congratulations to Vail School District for your great achievements. We know you will continue to raise the bar in education.



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Ribbon Cutting

Ride Sun Link for free! Well only for Friday (July 25), Saturday (July 26), and Sunday (July 27). The Grand Opening Friday on Congress and Fifth Ave, which will start at 9am. But the other 4 stops will also have short ribbon cuttings at their locations. If you would like more information on the Streetcar including RSVPing for the ribbon cutting, visit <http://www.tucsonaz.gov>. If you would like more information on the Streetcar like how to be "Street-Smart," go to <http://www.tucsonstreetcar.com/index.php?pg=40>. There is a video on this page that explains how you should approach the tracks if you're riding a bicycle, driving or walking. It also explains how to share the road with bicyclist if you are in a vehicle. Enjoy the streetcar Tucson!



Ward 4
8123 E. Poinciana
Tucson, Arizona 85730

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Immunization

El Rio Health Center and the Boys and Girls Club have joined together to offer Back to School Immunizations. This is open to children ages 5-18. You must bring your current immunizations record, your AHCCCS/KidsCare Card if you have one, and your insurance card. If you have no insurance, it's no cost to you. There will also be dental and eye screenings. Three days at three different locations are available. Please go to elrio.org for more info.

Monsooooooon

Last year, during the monsoons, one family was stuck in their car on Houghton, and in another incident one person was trapped in the Pantano Wash. One was swept away but pulled out of a residential wash. And then there were numerous accounts of stalled vehicles on residential streets, due to flooding. So you don't become a statistic this year, here are some DO NOT'S from Tucson Fire Department.

* Never cross a wash or road that has running water flowing over it. The water depth is very easy to misjudge, and the road itself may be damaged or destroyed underneath the murky water. As little as ten inches of water can float average-sized cars, mini-vans, SUVs and trucks. Be especially cautious at night as flood dangers are much more difficult to see in the dark.



* Do not play in wet or dry washes especially when thunderstorms are in the area. A wash can become flooded in a matter of minutes even if it is not raining in that area. Flash flooding can occur many miles away from the thunderstorm as the runoff flows into the valleys and deserts.

* During a monsoon storm stay home or inside the building where you are until the rains and lightning have passed. When indoors, do not touch any wires or plumbing inside a building. Telephone lines and metal pipes can conduct electricity. Unplug appliances not necessary for obtaining weather information. Avoid using corded telephones or any electrical appliance.

* If you get caught driving during the storm find a safe place to park off the road like a parking lot, turn off your lights and wait until the rain has passed. This will reduce your chances of having a weather related accident and increase your visibility to see flooded roadways.

* Stay away from downed power lines. If a power line comes into contact with your vehicle, remain inside the vehicle until help arrives. Do not attempt to get out of the vehicle – that is the safest place for you to be. By stepping out of the vehicle, your body can become the pathway for electricity to reach the ground, causing severe bodily harm and possibly electrocution. Use a cellular phone, if available, to notify emergency services of your exact location.

Just because you have lived in Tucson your entire life doesn't mean you can master the Monsoons of Tucson. As the saying goes, When in doubt, wait it out!



Skin Care

It's summer time! Which means hot temperatures, bright sunny days, and an everyday mission on how to find the closest location with a/c. One thing before you head out, remember to put on your sunscreen. You don't want to dry out your skin, or even worse get skin cancer. So before you head outside on your adventures, check out these few safety tips provided by skincancer.org.

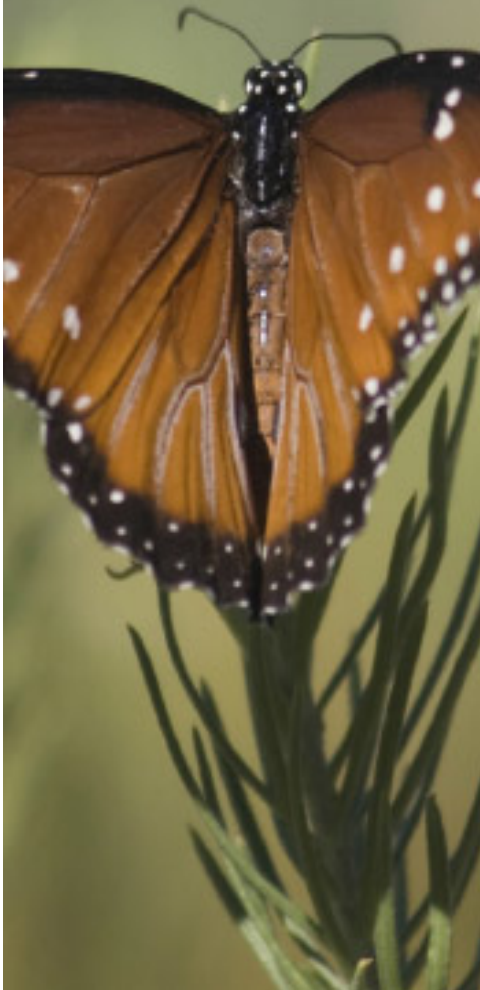


- * Seek the shade, especially between 10 AM and 4 PM, for us in the desert that means 7AM till 6pm
- * Avoid tanning and UV tanning booths. Why? Good info on that if you check out the website.
- * Cover up with clothing, including a broad-brimmed hat and UV-blocking sunglasses.
- * Use a broad spectrum (UVA/UVB) sunscreen with an SPF of 15 or higher every day. For extended outdoor activity, use a water-resistant, broad spectrum (UVA/UVB) sunscreen with an SPF of 30 or higher.
- * Apply 1 ounce (2 tablespoons) of sunscreen to your entire body 30 minutes before going outside. Reapply every two hours or immediately after swimming or excessive sweating. Just remember to rug it all in, clown face.
- * Keep newborns out of the sun. Sunscreens should be used on babies over the age of six months.
- * Examine your skin head-to-toe every month.
- * See your physician every year for a professional skin exam. Asking your mom what she thinks of your new spot doesn't count.
- * And most of all, don't get burnt!

What's the harm in sunburn? A person's risk for melanoma--the most serious form of skin cancer--doubles if he or she has had five or more sunburns. The sun exposure pattern believed to result in melanoma is that of brief, intense exposure - a blistering sunburn - rather than years of tanning. (Some studies now indicate that basal cell carcinoma also may be triggered by this exposure pattern.)

Other risk factors are also associated with melanoma, such as a family history, skin type and having a large number of sizable moles on the body. Like nonmelanoma skin cancer, melanoma can arise on any area of the body, regardless of whether or not a sunburn occurred in that location.

So if you work outside, plan to take that early morning hike, or go to a pool party this weekend, make sure you lather up with some sunscreen. Your skin will thank you! For more great, "I didn't know that," info, go to www.skincancer.org.



Goodbye Richard

Mr. Miranda has always had the best interest of the City at heart, even when he was dealt a few bad hands. Enjoy your well-earned retirement by spending quality time with your family who have sacrificed so much by your service to our community.

Coming Up...

B2SB 2014

This is a reminder to all you parents, aunts, uncles, teachers, and even grandparents. Do you have little ones heading back to school? Well DON'T forget to bring them to the Clements Center on July 26th for the 14th

Annual Ward 4 Back to School Bash. Thanks to our great sponsors like Walmart, Southwest Gas, Desert Diamond, Costco and Cox, we will be having one great Bash this year!

Starting at 8 am, our fabulous chefs (Tucson Fire Fighters) will be cooking up pancakes, eggs and sausage. Soon after that, are great and fabulous volunteers will start handing out school supplies including backpacks that were donated by Cox and Costco. During this time you can check out many of our sponsor tables and gather some great information. You might also want to stop by and get a free haircut from Sports Clips. Maybe you would rather hang out with TPD Special Operations Division and check out the helicopter or K-9 unit. Their whole crew will be out here, including Bomb Squad the SWAT Tank. Ashton Company will also bringing a piece of heavy equipment to show off.

If that's not enough, there will also be free swimming at the Clements pool starting at noon, and a jumping castle will be set up. These are just a few things happening. We have so much more to show you and give away! Like free bike helmets from TMC, raffles for prizes like bikes, ipod shuffles, and even tablets.

The whole community is coming together for this annual event. If you would like to volunteer or would like more info, please call the Ward 4 Office at 791-3199.



Electronic Collection & Shredding Event

Ward 4 will be hosting another Electronic & Shredding event, this time with the help of Desert Metals Recycling and Shred-It! These are the items that are free for collection and shredding.

1st box of paper, Computers, laptops, printers, network cards, routers, hard drives, floppy and CD-ROM drives, copiers, fax machines, telephones, cell phones, test equipment, wire and cable, power supplies, circuit boards, video game equipment, etc. Large appliances will also be accepted, except for dishwashers.

If you have monitors and additional boxes of paper for shredding, a donation of \$5.00 (cash only) will be required for each item. This donation will go to benefit Tucson Clean and Beautiful and DM50. The event details are as follows:

When: Saturday, August 9th

Where: 8123 E. Poinciana

Time: 8am-11am

Have questions if your item can be recycled, call Desert Metals Recycling at 741-0608 or Shred-It at 882-9939.



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In the 411

Eastside Police Substation – 791-5700

9670 E. Golf Links

For additional information in regards to tickets or other departments within the Tucson Police Department log on to <http://cms3.tucsonaz.gov/police>
Transportation (TDOT) - 791-4259

201 N. Stone Ave. 5th Floor.

Got a question about construction, traffic, streets, graffiti removal, landscaping, stormwater, RTA or anything along these lines? Visit <http://cms3.tucsonaz.gov/transportation> to get more info.

Environmental Services - 791-3171

Information on trash, recycling, landfills, brush and bulky and even neighborhood cleanups is what you can find here. They even do Hazardous Household Waste Collections. Visit <http://cms3.tucsonaz.gov/es> for more info.

Tucson Water - 791-4331

310 W. Alameda St.

Have questions on billing, water conservation, water quality or general service, then call the public info line or check out <http://cms3.tucsonaz.gov/water>

William Clements Center - 791-5758 or 791-4730

8155 E. Poinciana

There is a lot happening here! Additional information, including calendar of events, go to <http://cms3.tucsonaz.gov/parksandrec/clements>

Miller-Golf Links Branch Library - 594-5355

9640 E. Golf Links Rd

Get info of scheduled events or what's currently happening at this library. Better yet go to www.library.pima.gov/locations/golfinks

Pima Council on Aging - 790-7262

8467 E. Broadway

This is a great place that offers programs and services to older adults and their families living in Pima County. Learn more about this great organization by going to www.pcoa.org

Code Enforcement - 791 - 5843

310 N. Commerce Park Loop

Chapter 16 and 3 fo the City Code is what they enforce. If you suspect property or housing violations within the City give them a buzz or go online for more information or to make a complaint at <http://cms3.tucsonaz.gov/hcd/code-enforcement>

Graffiti Removal Program - 792 - 2489

If you see someone "tagging" call 911. If The graffiti is already there, then call the number above to report it. Check out <http://cms3.tucsonaz.gov/graffiti> for more information on removal or reporting.

